



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Balsam, Martin

Total time: 58:51

Club: SV Emsetal

Number: 167

Course: 15.00 km

Rank in course/Total: 5 (of 48)

Jedermann-Cross-Triathlon 0,4-9,2-5,4

Rank in course/Men: 5 (of 40)

Best time in course: 54:57

Category:

Rank in category: 3(of 18)

Hauptklasse männlich

Best time in the category: 57:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.40	10:24	2.31	5	1:59	8	1:59	0.40	10:24	2.31	17			25
Rad	9.20	23:46	23.23	7	1:29	12	2:20	9.60	34:10	16.86	17			25
Lauf	5.40	24:41	13.13	2	0:07	4	1:11	15.00	58:51	15.29	3	1:31	5	3:54