



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Haak, Jörg

Total time: 2:26:29

Club: triathlon.org

Number: 17

Course: 52.70 km

Rank in course/Total: 14 (of 69)

stz-Werrataltriathlon 1,5-42-9,6

Rank in course/Men: 14 (of 59)

Best time in course: 2:07:54

Category:

Rank in category: 2(of 6)

TM 40-44, Senioren 1

Best time in the category: 2:25:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	1.50	33:33	1.79	3	2:03	24	9:58	1.50	33:33	1.79	2	2:03	44	
Rad	42.00	1:11:40	35.16	2	2:45	18	6:54	43.50	1:45:13	24.52	2	0:58	44	
Lauf	9.60	41:16	13.09	1	-	13	6:13	52.70	2:26:29	21.30	2	0:44	14	18:35