



25. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 18.07.2010

Detailed evaluation

Herrmann, Rüdiger

Total time: 2:47:31

Club: Triathlon Gera

Number: 53

Course: 52.70 km

Rank in course/Total: 51 (of 69)

stz-Werrataltriathlon 1,5-42-9,6

Rank in course/Men: 47 (of 59)

Best time in course: 2:07:54

Category:

Rank in category: 4(of 6)

TM 55-59, Senioren 4

Best time in the category: 2:32:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	1.50	34:08	2.64	2	4:10	26	10:33	1.50	34:08	2.64	4	4:10	18	
Rad	42.00	1:22:01	30.73	6	8:37	52	17:15	43.50	1:56:09	22.47	4	12:47	18	
Lauf	9.60	51:22	11.21	5	3:33	49	16:19	52.70	2:47:31	18.88	4	14:48	47	39:37