



XXXIV. Ohra-Talsperrenlauf  
Luisenthal / 25.07.2010

Detailed evaluation

**Töpfer, Heike**

Club: SG Union Schönau  
Number: 45

Course: 11.00 km

Walking/Nordic-Walking

Total time: 1:34:51

Speed: 6.96 km/h

metres in height up: 320

Course score: 15.80

performance score: 110 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:14	00:44	00:44
Finish	11.0	6.1	11:04	01:34	00:50