



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Schrage, Simone

Club: Eisenach
Number: 42816

Course: 11.00 km
Walking/Nordic-Walking

Total time: 1:36:47

Speed: 6.82 km/h

metres in height up: 320
Course score: 15.80
performance score: 108 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:15	00:45	00:45
Finish	11.0	6.1	11:06	01:36	00:51