



XXXIV. Ohra-Talsperrenlauf  
Luisenthal / 25.07.2010

### Detailed evaluation

**Sternowski, Haiko**

Club: Ort: Arnstadt  
Number: 41

Course: 11.00 km

Walking/Nordic-Walking

Total time: 1:46:06

Speed: 6.22 km/h

metres in height up: 320

Course score: 15.80

performance score: 98 Points

### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:18	00:48	00:48
Finish	11.0	6.1	11:16	01:46	00:57