



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Frank, Dr.Bettina

Club: Ahörnchen

Number: 9

Course: 11.00 km

Walking/Nordic-Walking

Total time: 2:05:38

Speed: 5.25 km/h

metres in height up: 320

Course score: 15.80

performance score: 83 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:25	00:55	00:55
Finish	11.0	6.1	11:35	02:05	01:09