



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Föt, Norbert

Club: LTV Erfurt

Number: 42815

Course: 11.00 km

Walking/Nordic-Walking

Total time: 1:28:32

Speed: 7.45 km/h

metres in height up: 320

Course score: 15.80

performance score: 118 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:11	00:41	00:41
Finish	11.0	6.1	10:58	01:28	00:47