



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Ettlinger, Helmut

Club: Privat
Number: 42820

Course: 21.00 km
Walking/Nordic-Walking

Total time: 2:59:17

Speed: 7.03 km/h

metres in height up: 595
Course score: 29.93
performance score: 216 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-----------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 09:30 | 00:00 | 00:00 |
| Bergander Hütte | 9.5 | 6.3 | 10:47 | 01:17 | 01:17 |
| Wegscheide | 15.7 | 6.2 | 11:51 | 02:21 | 01:03 |
| Finish | 21.0 | 5.6 | 12:29 | 02:59 | 00:38 |