



XXXIV. Ohra-Talsperrenlauf  
Luisenthal / 25.07.2010

Detailed evaluation

Pfrengele, Ina

Club: Sport Prediger Ilmenau  
Number: 48

Course: 21.00 km

Walking/Nordic-Walking

Total time: 3:05:38

Speed: 6.79 km/h

metres in height up: 595  
Course score: 29.93

performance score: 208 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Weißbächer	3.1	3.1	09:58	00:28	00:28
Bergander Hütte	9.5	6.3	10:49	01:19	00:51
Wegscheide	15.7	6.2	11:57	02:27	01:07
Finish	21.0	5.6	12:35	03:05	00:38