



XXXIV. Ohra-Talsperrenlauf

Luisenthal / 25.07.2010

Detailed evaluation

Müller, Sandy

Club: Nordic Walking Team Luisenthal

Number: 26

Course: 21.00 km

Walking/Nordic-Walking

Total time: 3:23:51

Speed: 6.18 km/h

metres in height up: 595

Course score: 29.93

performance score: 190 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Bergander Hütte	9.5	6.3	10:55	01:25	01:25
Wegscheide	15.7	6.2	12:06	02:36	01:11
Finish	21.0	5.6	12:53	03:23	00:46