



XXXIV. Ohra-Talsperrenlauf

Luisenthal / 25.07.2010

Detailed evaluation

Bröckert, Lutz

Club: Nordic Walking Team Luisenthal

Number: 29

Course: 11.00 km

Walking/Nordic-Walking

Total time: 1:29:52

Speed: 7.34 km/h

metres in height up: 320

Course score: 15.80

performance score: 116 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:12	00:42	00:42
Finish	11.0	6.1	10:59	01:29	00:47