



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Grahmann, Silke

Club: Privat
Number: 51

Course: 21.00 km
Walking/Nordic-Walking

Total time: 4:20:25

Speed: 4.84 km/h

metres in height up: 595
Course score: 29.93
performance score: 149 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Bergander Hütte	9.5	6.3	11:11	01:41	01:41
Wegscheide	15.7	6.2	12:43	03:13	01:31
Finish	21.0	5.6	13:50	04:20	01:06