



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Böhm, Hildegard

Club: Nordic Walking Team Luisenthal (SL)
Number: 22

Course: 21.00 km

Walking/Nordic-Walking

Total time: 4:25:55

Speed: 4.74 km/h

metres in height up: 595

Course score: 29.93

performance score: 145 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Bergander Hütte	9.5	6.3	11:14	01:44	01:44
Wegscheide	15.7	6.2	12:48	03:18	01:33
Finish	21.0	5.6	13:55	04:25	01:07