



XXXIV. Ohra-Talsperrenlauf
Luisenthal / 25.07.2010

Detailed evaluation

Lösche, Michael

Club: Dayfit Gotha

Number: 35

Course: 11.00 km

Walking/Nordic-Walking

Total time: 1:30:09

Speed: 7.32 km/h

metres in height up: 320

Course score: 15.80

performance score: 115 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Wegscheide	4.9	4.9	10:12	00:42	00:42
Finish	11.0	6.1	11:00	01:30	00:47