



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Ernst, Marcel**

Club: SV 05 Friedrichroda

Number: 71

Course: 12.00 km

12 km-Lauf

Category:

Männer M20

Total time: 1:03:07

Speed: 11.41 km/h

Running performance: 5:16 min/km

Rank in course/Total: 61 (of 186)

Rank in course/Men: 58 (of 154)

Best time in course: 47:00

Rank in category: 13(of 18)

Best time in the category: 47:00