



24. Ohratalsperrenlauf  
Luisenthal / 31.07.2010

Detailed evaluation

Körber, Norbert

Club: Gotha  
Number: 96

Course: 12.00 km  
12 km-Lauf

Category:  
Männer M45

Total time: 1:03:20

Speed: 11.37 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 63 (of 186)

Rank in course/Men: 60 (of 154)

Best time in course: 47:00

Rank in category: 12(of 28)

Best time in the category: 54:58