



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Schmidt, Jörg

Club: Motor Arnstadt

Number: 198

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:03:28

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 65 (of 186)

Rank in course/Men: 62 (of 154)

Best time in course: 47:00

Rank in category: 13(of 28)

Best time in the category: 54:58