



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Triebel, Silko**

Club: RLV

Number: 188

Course: 12.00 km

12 km-Lauf

Category:

Männer M35

Total time: 1:04:15

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 70 (of 186)

Rank in course/Men: 65 (of 154)

Best time in course: 47:00

Rank in category: 10(of 14)

Best time in the category: 49:18