



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 37

Course: 12.00 km

12 km-Lauf

Category:

Männer M55

Total time: 1:04:32

Speed: 11.16 km/h

Running performance: 5:23 min/km

Rank in course/Total: 72 (of 186)

Rank in course/Men: 67 (of 154)

Best time in course: 47:00

Rank in category: 3(of 11)

Best time in the category: 57:30