



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Hiller, Manfred

Club: Suhl

Number: 30

Course: 12.00 km

12 km-Lauf

Category:

Männer M55

Total time: 1:04:37

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 73 (of 186)

Rank in course/Men: 68 (of 154)

Best time in course: 47:00

Rank in category: 4(of 11)

Best time in the category: 57:30