



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Kurtz, Ralf

Club: Easy Fun

Number: 144

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:04:56

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 76 (of 186)

Rank in course/Men: 71 (of 154)

Best time in course: 47:00

Rank in category: 14(of 28)

Best time in the category: 54:58