



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Menge, Andreas**

Club: NW Luisenthal

Number: 193

Course: 12.00 km

12 km-Lauf

Category:

Männer M50

Total time: 1:05:23

Speed: 11.01 km/h

Running performance: 5:27 min/km

Rank in course/Total: 81 (of 186)

Rank in course/Men: 74 (of 154)

Best time in course: 47:00

Rank in category: 8(of 18)

Best time in the category: 55:14