



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Günzel, Olaf

Club: Roadrunners Schalkau

Number: 109

Course: 12.00 km

12 km-Lauf

Category:

Männer M50

Total time: 1:06:03

Speed: 10.90 km/h

Running performance: 5:30 min/km

Rank in course/Total: 84 (of 186)

Rank in course/Men: 77 (of 154)

Best time in course: 47:00

Rank in category: 9(of 18)

Best time in the category: 55:14