



24. Ohratalsperrenlauf
Luisenthal / 31.07.2010

Detailed evaluation

Jesche, Silvo

Club: sc impuls Erfurt
Number: 29

Course: 12.00 km
12 km-Lauf

Category:
Männer M45

Total time: 1:06:08

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 85 (of 186)

Rank in course/Men: 78 (of 154)

Best time in course: 47:00

Rank in category: 16(of 28)

Best time in the category: 54:58