



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Hildebrandt, Nils

Club: Buffleben

Number: 119

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:06:52

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 95 (of 186)

Rank in course/Men: 87 (of 154)

Best time in course: 47:00

Rank in category: 19(of 28)

Best time in the category: 54:58