



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Jurkschat, Uta

Club: LG Frauenwald

Number: 179

Course: 12.00 km

12 km-Lauf

Category:

Frauen W40

Total time: 1:08:45

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 106 (of 186)

Rank in course/Women: 11 (of 32)

Best time in course: 57:24

Rank in category: 3(of 8)

Best time in the category: 1:02:11