



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Wahl, Klaus-Dieter

Club: Lauffreunde Gotha

Number: 104

Course: 12.00 km

12 km-Lauf

Category:

Männer M55

Total time: 1:09:46

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 112 (of 186)

Rank in course/Men: 101 (of 154)

Best time in course: 47:00

Rank in category: 6(of 11)

Best time in the category: 57:30