



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Rauch, Sebastian

Club: Petriroda

Number: 175

Course: 12.00 km

12 km-Lauf

Category:

Männer M20

Total time: 1:10:07

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 115 (of 186)

Rank in course/Men: 104 (of 154)

Best time in course: 47:00

Rank in category: 16(of 18)

Best time in the category: 47:00