



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Kißling, Stefan

Club: Schnepfenthal

Number: 150

Course: 12.00 km

12 km-Lauf

Category:

Männer M30

Total time: 1:10:19

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course/Total: 116 (of 186)

Rank in course/Men: 105 (of 154)

Best time in course: 47:00

Rank in category: 12(of 13)

Best time in the category: 48:31