



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Münch, Birgit**

Club: sc impuls

Number: 11

Course: 12.00 km

12 km-Lauf

Category:

Frauen W45

Total time: 1:11:20

Speed: 10.09 km/h

Running performance: 5:56 min/km

Rank in course/Total: 120 (of 186)

Rank in course/Women: 12 (of 32)

Best time in course: 57:24

Rank in category: 4(of 9)

Best time in the category: 1:05:07