



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Ziezold, Nadine

Club: Lauf mit bleib fit

Number: 126

Course: 12.00 km

12 km-Lauf

Category:

Frauen W20

Total time: 1:11:47

Speed: 10.03 km/h

Running performance: 5:59 min/km

Rank in course/Total: 124 (of 186)

Rank in course/Women: 13 (of 32)

Best time in course: 57:24

Rank in category: 2(of 4)

Best time in the category: 57:24