



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

haferanke, manfred

Club: lauffreunde gotha

Number: 26

Course: 12.00 km

12 km-Lauf

Category:

Männer M60

Total time: 1:12:15

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 126 (of 186)

Rank in course/Men: 113 (of 154)

Best time in course: 47:00

Rank in category: 9(of 15)

Best time in the category: 59:46