



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Kubis, Dagmar

Club: sc impuls Erfurt

Number: 41

Course: 12.00 km

12 km-Lauf

Category:

Frauen W45

Total time: 1:13:43

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 137 (of 186)

Rank in course/Women: 15 (of 32)

Best time in course: 57:24

Rank in category: 5(of 9)

Best time in the category: 1:05:07