



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

#### Alert, Lilith

Club: Junge Gemeinde Großbreitenbach  
Number: 174

Course: 12.00 km  
12 km-Lauf

Category:  
Frauen W20

Total time: 1:15:42

Speed: 9.51 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 150 (of 186)

Rank in course/Women: 16 (of 32)

Best time in course: 57:24

Rank in category: 3(of 4)

Best time in the category: 57:24