



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Heise, Reiner

Club: sc impuls Erfurt

Number: 16

Course: 12.00 km

12 km-Lauf

Category:

Männer M60

Total time: 1:17:13

Speed: 9.32 km/h

Running performance: 6:26 min/km

Rank in course/Total: 155 (of 186)

Rank in course/Men: 137 (of 154)

Best time in course: 47:00

Rank in category: 13(of 15)

Best time in the category: 59:46