



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt

Number: 102

Course: 12.00 km

12 km-Lauf

Category:

Frauen W40

Total time: 1:18:28

Speed: 9.18 km/h

Running performance: 6:32 min/km

Rank in course/Total: 157 (of 186)

Rank in course/Women: 19 (of 32)

Best time in course: 57:24

Rank in category: 4(of 8)

Best time in the category: 1:02:11