



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Lauterbach, Ulrich

Club: Erfurt

Number: 35

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:20:22

Speed: 8.96 km/h

Running performance: 6:42 min/km

Rank in course/Total: 162 (of 186)

Rank in course/Men: 141 (of 154)

Best time in course: 47:00

Rank in category: 27(of 28)

Best time in the category: 54:58