



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Nußbaum, Bernd**

Club: Lauffreunde Gotha

Number: 61

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:21:38

Speed: 8.82 km/h

Running performance: 6:48 min/km

Rank in course/Total: 167 (of 186)

Rank in course/Men: 143 (of 154)

Best time in course: 47:00

Rank in category: 28(of 28)

Best time in the category: 54:58