



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Schumann, Nils

Club: Prana Sports GmbH

Number: 136

Course: 12.00 km

12 km-Lauf

Category:

Männer M30

Total time: 1:24:52

Speed: 8.48 km/h

Running performance: 7:04 min/km

Rank in course/Total: 174 (of 186)

Rank in course/Men: 148 (of 154)

Best time in course: 47:00

Rank in category: 13(of 13)

Best time in the category: 48:31