



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Metz, Egon**

Club: Spargelläufer Herbsleben

Number: 24

Course: 12.00 km

12 km-Lauf

Category:

Männer M60

Total time: 1:30:07

Speed: 7.99 km/h

Running performance: 7:31 min/km

Rank in course/Total: 183 (of 186)

Rank in course/Men: 151 (of 154)

Best time in course: 47:00

Rank in category: 15(of 15)

Best time in the category: 59:46