



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Ellenberg, Horst

Number: 147

Course: 12.00 km

12 km-Lauf

Category:

Männer M75

Total time: 2:03:47

Speed: 5.82 km/h

Running performance: 10:19 min/km

Rank in course/Total: 186 (of 186)

Rank in course/Men: 154 (of 154)

Best time in course: 47:00

Rank in category: 4(of 4)

Best time in the category: 1:06:45