



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Jurkschat, Wolf

Club: LG Frauenwald

Number: 180

Course: 12.00 km

12 km-Lauf

Category:

Männer M35

Total time: 49:18

Speed: 14.60 km/h

Running performance: 4:07 min/km

Rank in course/Total: 6 (of 186)

Rank in course/Men: 6 (of 154)

Best time in course: 47:00

Rank in category: 1(of 14)

Best time in the category: 49:18