



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Thurm, Ingo

Club: kein

Number: 55

Course: 12.00 km

12 km-Lauf

Category:

Männer M40

Total time: 52:20

Speed: 13.76 km/h

Running performance: 4:22 min/km

Rank in course/Total: 9 (of 186)

Rank in course/Men: 9 (of 154)

Best time in course: 47:00

Rank in category: 2(of 16)

Best time in the category: 47:46