



24. Ohratalsperrenlauf  
Luisenthal / 31.07.2010

Detailed evaluation

Lehmann, Christian

Club: Lauffreunde Gotha  
Number: 59

Course: 12.00 km  
12 km-Lauf

Category:  
Männer M30

Total time: 52:35

Speed: 13.69 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 10 (of 186)

Rank in course/Men: 10 (of 154)

Best time in course: 47:00

Rank in category: 3(of 13)

Best time in the category: 48:31