



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Seeber, Sebastian

Club: Luisenthaler SV

Number: 158

Course: 12.00 km

12 km-Lauf

Category:

Männer M20

Total time: 54:11

Speed: 13.29 km/h

Running performance: 4:31 min/km

Rank in course/Total: 15 (of 186)

Rank in course/Men: 15 (of 154)

Best time in course: 47:00

Rank in category: 7(of 18)

Best time in the category: 47:00