



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Vater, Christian**

Club: LG Bärenfang

Number: 209

Course: 12.00 km

12 km-Lauf

Category:

Männer M30

Total time: 54:45

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 19 (of 186)

Rank in course/Men: 19 (of 154)

Best time in course: 47:00

Rank in category: 4(of 13)

Best time in the category: 48:31