



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Heßler, Peter

Club: LV Oelde

Number: 203

Course: 12.00 km

12 km-Lauf

Category:

Männer M40

Total time: 57:01

Speed: 12.63 km/h

Running performance: 4:45 min/km

Rank in course/Total: 28 (of 186)

Rank in course/Men: 28 (of 154)

Best time in course: 47:00

Rank in category: 8(of 16)

Best time in the category: 47:46