



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Clauder, Marcus

Club: Rennsteiglaufverein Schmiedefeld

Number: 172

Course: 12.00 km

12 km-Lauf

Category:

Männer M20

Total time: 57:13

Speed: 12.58 km/h

Running performance: 4:46 min/km

Rank in course/Total: 31 (of 186)

Rank in course/Men: 31 (of 154)

Best time in course: 47:00

Rank in category: 9(of 18)

Best time in the category: 47:00