



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Luther, Matthias**

Club: Tambach Dietharz

Number: 151

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 58:03

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 37 (of 186)

Rank in course/Men: 36 (of 154)

Best time in course: 47:00

Rank in category: 6(of 28)

Best time in the category: 54:58